

NORTH OAKS SELECTS SHERRIE POLSKY AS DIRECTOR OF COMMUNITY LIFE SERVICES

Pikesville, MD (January 7, 2007) – North Oaks, a Continuing Care Retirement Community in Pikesville, has announced the selection of Sherrie L. Polsky as its new Director of Community Life Services. She was formerly Program Coordinator for the E.A. Myerberg Senior Center.

In her new position, Ms. Polsky will assume responsibility for the initiation, organization and execution of all internal and external resident activities for the community, which is located at 725 Mt. Wilson Lane. This includes the management of outside vendors, attracting and mobilizing volunteers and handling day-to-day logistics for activities that are geared to the more than 200 residents. She will also oversee the transportation function for North Oaks and handle operations for several on-site amenities, including the Beauty Shop.

Ms. Polsky brings more than thirty years of special events, teaching and community relations experience to the position. She has also worked as a Volunteer Coordinator for Senior Friendly Neighborhoods, an Educational Consultant for Sylvan Learning Systems and as an instructor for a number of local universities.

North Oaks seeks to be an active member of the larger Pikesville community and intends to leverage Sherrie's many years of experience of successfully building relationships with local community organizations and groups. Under her leadership, North Oaks and its more than 200 residents will be the beneficiaries of these new relationships.

“Sherrie brings creative energy, enthusiasm and fresh ideas to this important role, as well as a proven track record of performance and participation,” explained Mark E. Pressman, Executive Director of North Oaks. “We are extremely confident in her ability to organize and generate interest in new programming, which will positively affect the mental and physical well-being of our residents,” he added.

Ms. Polsky earned a Bachelor of Science degree in Education from the University of Maryland, College Park and currently resides with her family in Owings Mills.

Founded in 1991, North Oaks is a Senior Living Community in Pikesville that offers a variety of living options for local residents including the full continuum of care: independent living, assisted living and skilled nursing care. It is managed by Life Care Services LLC, which is based in Des Moines, IA.